

Mosaic Minder

VOLUME 3

ISSUE 1

September—December 2012

FAST FACTS

Mosaic has moved into our new St Matthews home! Details inside!

Mosaic offers parenting programs for newcomer parents all year long

Check out our new Resources Section on page 4

• Thank you to our many generous Funders and donors!

• Thank you Volunteers!

• Mosaic Minder is a quarterly publication of Mosaic—Newcomer Family Resource Network Incorporated, a registered Canadian charity

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FGMB 2-4 Students: Haley, Huma, Monika, Jeongsun, and Mahlet

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2nd Annual Family Learning Olympics !

Once again Mosaic hosted this successful event bringing students, their children and the Mosaic family together for a morning of fun and learning. This year we partnered with Frontier College who added some new stations, and free books for all of the participants to take home. Throughout this issue of the Minder we are featuring pictures from the event and some student comments from our FGMB 2-4 Class. Many thanks to Bookmates!

All FLO Photos: Susan McDougall



"I enjoyed skipping rope a lot" *Monika*



"I liked yoga" *Huma*



"I liked making my family symbol. I taught my sons and husband" *Jeongsun*

Upcoming Events

- Friday, December 14, last day of class
- Friday, December 14, staff and board Holiday Party!
- Monday, January 7, 2013—Welcome Back!
- Thursday, February 21, 2013—Conference
- Coming in May 2013 Mosaic **Fundraiser!**



Working together at Mosaic! Student generated "rules" from Bethel 2-4



Calling All Volunteers!

The Mosaic Fundraising Committee is looking for volunteers to help with an event that we are hosting in May 2013

Here are some ideas of what we are looking for:

Getting donations for a gift bag, and gift certificates from restaurants for an auction

Poster design

Helping to organize the food for the event

Help on the day of the event

If you would like to help out, please contact Val at 774-7311 or vcavers@mosaicnet.ca



"I interested map reading and skipping rope. Also I liked making a family tree"

"I liked making music with my daughter" *Mahlet*



Fabulous volunteers and fabulous snack!

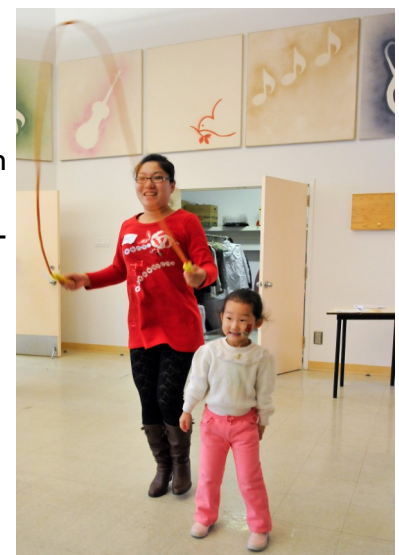


Halloween at Fort Garry and Knox Kit Lin Chin



Kit Lin and friends at FGMB

This Halloween is my first year as Child Care Lead at Fort Garry and Knox. We did some special activities. Some children dressed up in their costumes. Ten minutes before the end of school all the children went to the classes to trick or treat. Teachers and students gave children candy, we all had fun! I enjoyed playing with my lovely children. Special thanks to our teams Barbara, Jane, Viktoria, Valerie Unwin, Jianping, Maryam, Melinda, and Friba for their help.



St. Matthew's long awaited move!

Tara Penner

Photos—Tara Penner

On Thursday, November 1st, St. Matthew's program space moved from temporary classrooms and childcare upstairs to the newly renovated basement! The new classrooms are freshly painted, well lit and clean. The childcare is spacious, clean and bright! It is amazing to see the children, students and staff so happy in their new space!

The last year at St. Matthews was full of challenges. The staff had to work so hard to make a safe, clean and secure program space for children and students. Strong communication, team work, problem solving and patience were essential! I am so proud of the St. Matthew's staff; you work together as a great team! Congratulations!



Nan and Souada's Level 2-4 Class



Viktoria with the pre-I Class

...and the dream continues....



Lisa, Kirsten, Laura, Fardowsa and the St Matthews site children in their bright new home

It started as a 4 month temporary move that turned into a full 11 months! Now we look forward to seeing the progress on the renovations upstairs that will see the addition of 22 units of low cost housing, much needed in this West End community. Mosaic is very proud to be a part of this dream! Val Cavers



More cuteness at St Matthews!

Resources We Are Using and Sharing

EAL—Revised Canadian Language Benchmarks Document

Mosaic Teachers Have a new Reference tool. The 2000 CLB Document has been replaced with an easier to use 2012 version. The CCLB web Site contains dozens of helpful exemplar videos that demonstrate what a learner can do at a certain benchmark level.

www.language.ca

The screenshot shows the Centre for Canadian Language Benchmarks website. The header includes a navigation menu with links like Background Information, What's New, Benchmarks, Publications, and Store. The main content area is titled 'Level 1-2' and features a video of a woman speaking. Below the video, there are sections for Speaking & Listening, Reading, and Writing, each with a 'Select' dropdown menu.

The screenshot shows the Healthy Baby Healthy Brain website. The header includes a navigation menu with links like Home, About us, Feedback, and Français. The main content area is titled 'LOVE BUILDS BRAINS' and features a video of a woman holding a baby. Below the video, there are sections for Attachment/Relationships, More info, Listening to your baby, More info, Helping your child cope, and More info.

Healthy Baby Healthy Brain is a new series of 14 videos (14 English + 14 French) That cover important topics related to Babies and Brain Development. These wonderful videos provide a lot of additional information, and helpful links for parents and caregivers. <http://www.healthybabyhealthybrain.ca/index.htm>

Parents and Caregivers

The screenshot shows the CMAS website. The header includes a navigation menu with links like NEWS, CARING FOR NEWCOMER CHILDREN, LEARNING CENTRE, and WORKING WITH CMAS. The main content area is titled 'NEWS HIGHLIGHTS' and features a video of a woman holding a child. Below the video, there are sections for Managing Change in Child Care, Creating a Welcoming Program for Newcomer Children, and Talk to Your Doctor in 170 Languages.

CMAS
SUPPORTING CHILD CARE IN THE SETTLEMENT COMMUNITY

CMAS—a great resource for childminders and teachers working with newcomer parents. Its the CCLB for child care!
<http://cmascanada.ca/>

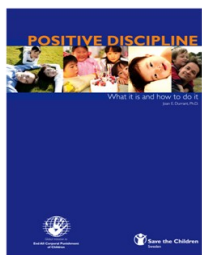
The screenshot shows the Reaching IN...Reaching OUT website. The header includes a navigation menu with links like About Resilience, About Us, Our Programs, Program Effectiveness, and Resources. The main content area is titled 'Parent Resources for Professionals' and features a video of a woman holding a child. Below the video, there are sections for Flexible Thinking, Keep Trying, Positive Outlook, and Participation & Helping Out.

“Resilience helps people handle stress, overcome childhood disadvantage, bounce back from trauma and reach out to others and opportunities. Resilience is associated with better health and greater success in school, jobs and relationships. And skills that support resilience contribute to healthy child development.”

Learn more at www.reachinginreachingout.com

Mosaic Family Programs — All Mosaic family programs are specially designed to meet the needs of newcomer participants. We offer language and cultural support, and quality child care. All of our programs are Free.

Winter 2013



Joan Durrant's
Positive Discipline Parenting Program
for Newcomer Parents
For parents of children birth—18 years

"Positive Discipline" describes a non-violent approach to teaching our children, while being respectful of the child as a learner and individual human being

Thursdays 1:15-3:15
 Jan 17-Mar 21
 Heritage Park Resource Centre
 1 Braintree Crescent

St James

Wednesdays 1:00-3:00
 January 30—March 20, 2013
 Meadows West School
 150 Inkster Garden Drive
Norwest



Nobody's Perfect Parenting Program
for Newcomer Parents
Parents Sharing & Learning
Rhymes and songs in English and your language
and a time to talk about being a parent in Canada

Wednesdays 1:00-3:00
 December 6—January 23, 2013
 Meadows West School
 150 Inkster Garden Drive
Norwest



Wiggle, Giggle & Munch
Fun & Physical

Spend time with your child playing games, having fun
A physical activity & nutrition program for
pre-school aged children and their parents.

Thursdays 1:15-3:15
 January 31—March 21, 2013
 John M King School
 525 Agnes Street
Downtown



Playback Theatre Training
Creative & Fun

Share your stories with friends and
neighbours and experience your
stories being "played back" to you.

Tuesdays 1:15-3:15
 January 29—March 19, 2013
 Hugh John MacDonald School
 567 Bannatyne
Downtown



FLAG/ IRCOM
Families Learning & Growing Together
Family fun and games and an opportunity to
make a family book

Tuesdays 4:30-6:30
 January 15—March 19, 2013
 IRCOM Community Room
 95 Ellen Street
Downtown

For Information or to register contact Jean Tinling (204)774 -7311

jtinling@mosaicnet.ca visit our website **www.mosaicnet.ca**

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Winter 2013



Handle with Care – Families Staying Healthy

Helping parents and caregivers promote the mental health of young children from birth to 6 years

Tuesdays 1:15-3:15
January 29— March 20, 2013
John M King School
525 Agnes Street
Downtown

Wednesdays 1:15-3:15
January 30—March 19, 2013
Sister MacNamara School
460 Sargent
Downtown



Nobody's Perfect Parenting Program for Newcomer Parents

Parents Sharing & Learning
Rhymes and songs in English and your language and a time to talk about being a parent in Canada

Day and Time To Be Announced

FACT
Turtle Island Neighbourhood Centre
510 King Street
William Whyte



Grandfriends!

Sharing and caring across generations

Prepare food together and take home a multicultural recipe book

Thursdays 1:15-3:15
Feb 7—March 21, 2013
Bethel Church
465 Stafford Street
River Heights



Strangers in a New Homeland Conference

On November 3 Family Programs staff represented Mosaic at the annual Strangers in a New Homeland conference held at the University of Manitoba. The Mosaic workshop was very well received; participants heard real life stories from our wonderful facilitators who captivated the audience with their moving stories of how they left lives of isolation to become confident parent program facilitators. Many thanks to Mahbuba, Laura, Gabriela, and Wisal for sharing their stories and to Jean for organizing and supporting us so it could happen.

Back to front– Wisal, Laura, Mahbuba, Jean, Gabriela
Photo: Val

For Information or to register contact Jean Tinling (204)774 -7311

jtinling@mosaicnet.ca visit our website **www.mosaicnet.ca**

mosaic
Newcomer Family Resource Network