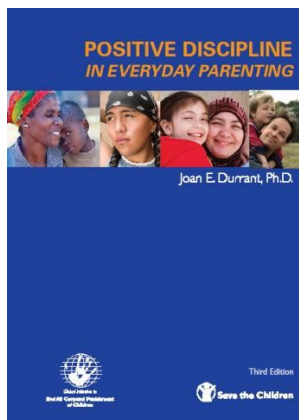


Mosaic Family Programs – All Mosaic family programs are specially designed to meet the needs of newcomer participants. We offer language and cultural support, and quality child care. All of our programs are Free.

Fall 2013



Joan Durrant's
**Positive Discipline in
Everyday Parenting**

For parents of children
birth - 18 years old

*“Positive Discipline”
describes a non-violent
approach to teaching our children,
while being respectful of the child as a
learner and individual
human being*



Tuesdays 1:15-3:15 pm
October 15 - December 10
John M King School
525 Agnes Street
Downtown

Tuesdays 1:15-3:15 pm
October 15 - December 10
Turtle Island Neighbourhood Centre
510 King Street
William Whyte

Thursdays 1:15-3:15 pm
October 17 - December 12
Sister MacNamara School
460 Sargent Avenue
Downtown



Fun & Physical!

*Spend time with your child
playing games, having fun
A physical activity & nutrition program
for pre-school aged children
and their parents.*

Tuesdays 9:00-11:00 am
October 1 - December 17
Sister MacNamara School
460 Sargent Avenue
Downtown

Thursdays 1:15-3:15 pm
October 17 - December 12
John M King School
525 Agnes Street
Downtown



Playback Theatre
Creative & Fun

*Share your stories with friends and neighbours
and experience your
stories being “played back” to you.*

Wednesdays 7:30-9:30 pm
September 18 - December 4
Mosaic
397 Carlton Street
Downtown

For more information or to register, contact Kezia Malabanan:

Phone: 204-774-7311 Email: info@mosaicnet.ca

mosaic
Newcomer Family Resource Network

www.mosaicnet.ca

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Fall 2013



Nobody's Perfect Parenting Program for Newcomer Parents

Parents Sharing & Learning
Rhymes and songs in English and your language and a time to talk about being a parent in Canada

**** Guest speakers from SERC and SEED at the Mosaic location**

Wednesdays 1:15-3:15 pm
October 23 - December 11
Mosaic
397 Carlton Street
Downtown

Thursdays 1:15-3:15 pm
October 24 - December 12
Heritage Park (Jameswood Alt School)
1 Braintree Crescent
St James-Assiniboia



Family Bookmaking

Families Learning & Growing Together
Family fun and games and an opportunity to make a family book

Wednesdays 9:15-11:15 am
October 23 - December 11
Mosaic
397 Carlton Street
Downtown

Tuesdays 4:30-6:30 pm
Starts September 24
(ongoing in 5 sessions)
IRCOM - 95 Ellen Street
Downtown
Contact IRCOM to register.



Parent-child Mother Goose (Drop-in)

Read stories and rhymes with your child in English and your first language.

Tuesdays 9:30-11:00 am
October 29 - December 10
Mosaic
397 Carlton Street
Downtown



Grandfriends!

Sharing and caring across generations
Prepare food together and take home a multicultural recipe book

Time and Dates
To be announced
Bethel Church
465 Stafford Street
River Heights

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