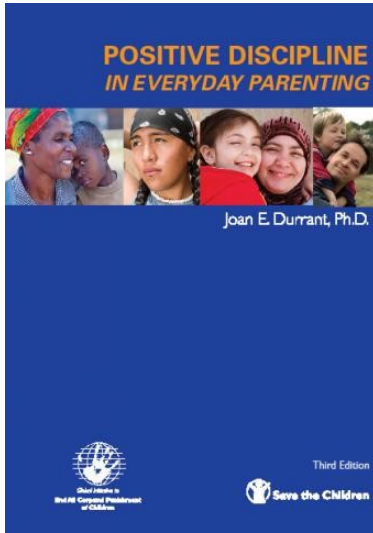


**Mosaic Family Programs** – All Mosaic family programs are specially designed to meet the needs of newcomer participants. We offer language and cultural support, and quality child care. All of our programs are **Free**.

## Winter 2014



### Joan Durrant's **Positive Discipline in Everyday Parenting**

For parents of children  
birth - 18 years old

*"Positive Discipline"  
describes a non-violent  
approach to teaching our children,  
while being respectful of the child as a  
learner and individual  
human being*

**Please note:**

- PD at ENTRY does not offer childcare.
- Tuesday evening PD at Mosaic is a Men's group.



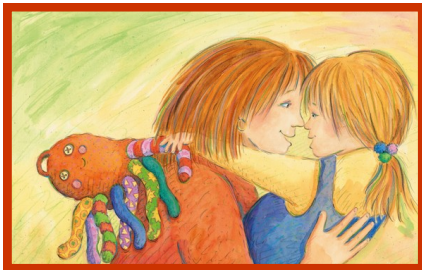
**Tuesdays 6:00-8:00 PM**  
January 21 - March 25  
Mosaic (MEN'S)  
397 Carlton Street  
**Downtown**

**Wednesdays 9:15-11:15 AM**  
January 29 - March 26  
ENTRY Program  
4th Fl - 259 Portage Avenue  
**Downtown**

**Wednesdays 1:15-3:15 PM**  
January 22 - March 26  
Mosaic  
397 Carlton Street  
**Downtown**

**Fridays 9:15-11:15 AM**  
February 7 - March 28  
Lavalee School  
505 St Anne's Road  
**St. Vital**

**Saturdays**  
*To be announced*  
Eritrean Community Centre  
346-348 Hargrave Street  
**Downtown**



### **Nobody's Perfect Parenting Program for Newcomer Parents**

**Parents Sharing & Learning**  
*Rhymes and songs in English and your  
language and a time to talk about  
being a parent in Canada*

**Tuesdays 1:15-3:15 PM**  
February 4 - March 25  
John M. King School  
525 Agnes Street  
**Downtown**

**Thursdays 1:15-3:15 PM**  
February 6 - March 27  
Sister Macnamara School  
465 Sargent Avenue  
**Downtown**



### **Playback Theatre Creative & Fun**

*Share your stories with friends and neighbours  
and experience your  
stories being "played back" to you.*

**Mondays 6:00-8:00 PM**  
February 3 - March 24  
Mosaic  
397 Carlton Street  
**Downtown**

For more information or to register,  
visit [mosaicnet.ca/family](http://mosaicnet.ca/family) or call us at 204-774-7311.

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## Winter 2014



### Fun & Physical!

*Spend time with your child playing games, having fun  
A physical activity & nutrition program for pre-school aged children and their parents.*

**Tuesdays 9:00-11:00 AM**  
January 14 - March 25  
Sister Macnamara School  
465 Sargent Avenue  
**Downtown**

**Tuesdays 1:15-3:15 PM**  
February 11 - March 11  
Chalmers Community Club  
480 Chalmers Avenue  
**River East**

**Thursdays 1:15-3:15 PM**  
February 6 - March 27  
John M. King School  
525 Agnes Street  
**Downtown**



### Family Bookmaking

*Families Learning & Growing Together  
Family fun and games and an opportunity to make a family book*

**Tuesdays 4:30-6:30 PM**  
*Ongoing 5 sessions*  
IRCOM  
95 Ellen Street  
**Downtown**  
Contact IRCOM to register.



### Grandfriends!

*Sharing and caring across generations  
Prepare food together and take home a multicultural recipe book*

**Thursdays 1:15-3:15 PM**  
February 6 - March 27  
Bethel Mennonite Church  
465 Stafford Street  
**River Heights**



### Connecting through the Arts

*Creative family literacy fun! Learn some recipes and arts and crafts to take home — all while meeting with other parents in your community*

**Wednesdays 9:15-11:15 AM**  
February 5 - March 26  
Mosaic  
397 Carlton Street  
**Downtown**



### Parent-child Mother Goose (Drop-in)

*Read stories and rhymes with your child in English and your first language.*

**Tuesdays 9:15-11:15 AM**  
January 28 - March 25  
Mosaic  
397 Carlton Street  
**Downtown**

For more information or to register,  
visit [mosaicnet.ca/family](http://mosaicnet.ca/family) or call us at 204-774-7311.