

MOSAIC

NEWCOMER FAMILY
RESOURCE NETWORK

FAST FACTS

Mosaic offers
parenting programs for
newcomer
parents all year long.

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Contributors:

- Stephanie Stetefeld
- Susan McDougall
- Souada Bauer
- Val Cavers
- Gabriela Galli
- Deepanshu Dhindsa
- Bethel Students

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397 Carlton Street
Winnipeg, MB R3B 2K9
P: 204-774-7311

E: info@mosaicnet.ca
www.mosaicnet.ca

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Fall Mingle 2015



Photos by Susan McDougall

About 130 Mosaic students and 50 children, 20 childcare workers, 10 teachers, 6 facilitators from all of our 4 sites came together for a great Fall Mingle.

This year we changed the setting and our focus was on meeting, mingling and enjoying stories about the importance of being together.

We started our Mingle with a Bingo game where students had to find someone...that can... speak three languages for example. Many students participated and spoke with students from other sites.

After everyone settled down in the wonderful Banquet hall at Bethel Church Val welcomed all the participants and we found out that we had 42

different nationalities in the room! Who would think that!

Leigh-Anne Kehler told us three stories. Her stories were very entertaining, involved the audience and were suited for children and adults. Thanks Leigh-Anne for the great story time!

For the last half hour all the children went down to play together and all the Mosaic students tried to do a little follow up activity like drawing a picture or writing a summary of the stories. Time went by so fast!

A big thank to all that helped organize this huge event, especially Barbara!

- Stephanie Stetefeld, LINC Co-ordinator

Fall Mingle Pictures



Congratulations, Souada!



Souada read this poem at her citizenship ceremony
on the 25th of October 2015:

The Day My Notice Letter Came

The first line read: We are pleased to inform you...

Without hesitation, I said, Canada, I do:

For the land whose soil I'm treading, I said, I do.

For the people I love with my heart, I said, I do.

For the journey it's taken me, I said, I do.

For better or for worse, I do.

For giving me a greater family, I do.

I do, O Canada, I do.

- Souada Bauer, ESL Teacher



Boulevard Reconstruction at Carlton!



Many thanks to Rick Hildebrand from Sierra North Construction and the Manitoba Municipal Infrastructure program for helping to transform the boulevard in front of our building from a mud plot to the lovely hard surface that you see here.

After many failed attempts to get things rolling, and talking to many people about the poor state of the boulevard, we finally found someone who would listen and help us to improve the look and the access to our building. Thanks Rick!

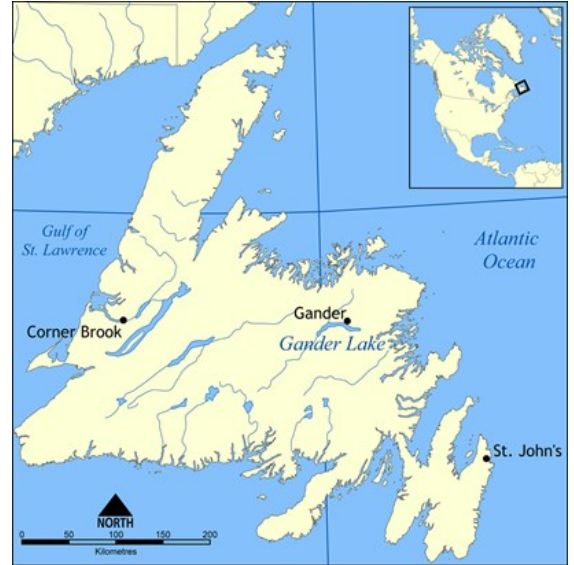
Stay tuned, we have plans and determination to push further north along the rest of the boulevard!

- Val Cavers, Executive Director

Positive Discipline in Everyday Parenting Facilitator Training in Newfoundland and Labrador



Newfoundland and Labrador Facilitators with Alana (left) and Gabriela (right).



Map of Gander.

Alana Garcia and I have just returned from a trip to Newfoundland to train facilitators in Positive Discipline in Everyday Parenting (PDEP). This training was hosted by Newfoundland and Labrador Provincial Association of Family Resource Programs and Gander was the site where the training was held.

Gander is a Canadian town located in the northeastern part of the island of Newfoundland in the province of Newfoundland and Labrador, 210 kilometers (130 mi) northwest of the provincial capital of St. John's. It is the site of Gander International Airport, and a preferred stopping point for transatlantic aircraft that need to land because of on-board medical or security emergencies.

Mosaic provided this 4 days training, from October 19th to 22nd and 27 new facilitators from different organizations in Newfoundland and Labrador were trained in PDEP.

It was an intense and also fun training where we met wonderful people and experienced facilitators.

During this training these facilitators had the opportunity to improve their skills, to learn and practice new techniques, games, energizers and tools to apply not only in the programs they are running in the community but also in their personal lives.



Gabriela enjoying the day and the sites.



View from the coast in Newfoundland and Labrador.

Some feedback from the new facilitators:

- Understanding the brain connections was excellent as well as the reframing traits and temperament.
- I have learned that there are positive ways to discipline by going through the process to solve the problem
- Definitely something everyone should do ---- parents, caregivers, staff etc. teachers
- It is a wonderful learning experience, no matter what your children's ages are or the amount of time you have been working in the field.
- I think this training is very valuable to parents, teachers, caregivers and anyone who is involved with children.
- My approach in how I speak to people. Rephrasing words and find better options.
- How I interpret a child's behavior and actions

I'm very happy for this great opportunity to be part of this training and to spread the word about Positive Discipline in Everyday Parenting.

This program is a way to help parents understand more about child development and think about why a child behaves the way she/he does; how to solve problems with a child and teach them about empathy, respect for others, non-violent conflict resolution, respecting her/him as a learner and individual human being.



- Gabriela Galli, Mosaic Lead Mentor and
PDEP Country Trainer

My Volunteer Experience



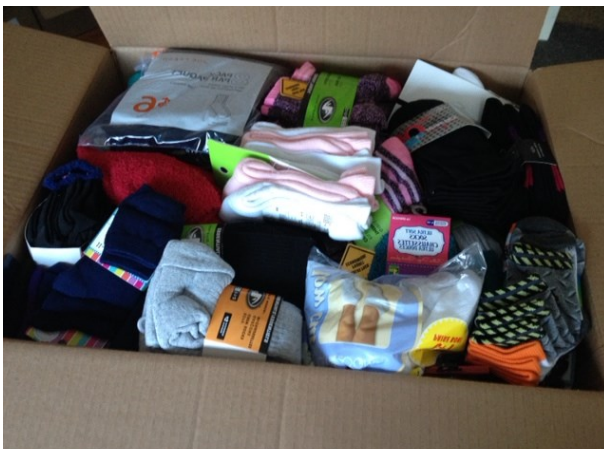
My mother told me about this great volunteer opportunity at the Mosaic ESL Program because she herself is a student at Mosaic. She has been attending this class since we first came to Canada (nearly 3 years ago).

Whenever she comes back from her classes, she keeps sharing the information she had been taught during the class, which is not only English but also everything a newcomer needs to know about Canada. I believe that the topics she talks to me about are of utmost importance for newcomers to get settled and adapted into their new environment.

I am currently a student at University of Manitoba and when I heard that there was an opportunity to share what I know, I was curious to be a part of it. Hence, I applied to volunteer in the class my mother is attending. Being a part of Mosaic as a volunteer, I also get a chance to help the newcomers in whatever way I can because I know how difficult it is to survive without English and adapting to a totally different culture. I deeply understood many newcomers' predicament as my parents were once in that position too. Mosaic helped them a lot in learning and accepting this new culture whilst still upholding theirs. The best part about volunteering here is that you not only share what you know but also learn something new. While volunteering, I have learned not only about Canada, but also quite a lot about people and cultures from many parts of this beautiful world."

- Deepanshu Dhindsa

Socktober Donations



Mosaic would like to thank Birds Hill School for their sock donations!

CanadaHelps is a charitable organization dedicated to help other charities in Canada. Their website has a database of organizations that people can give donations to. You can now give to Mosaic through CanadaHelps. For more information, visit their website and search for Mosaic. www.canadahelps.org



The Health Fair

We learned many new things at the Health Fair. There were six booths. They talked about different information. Our class learned diabetes information. We learned about people who have a risk. If you eat or drink too much sugar, you will get diabetes. You will be at risk. If someone has diabetes, they have to exercise. They have to lose weight. They have to eat and drink healthy foods and drink water. The nurse told us about how to read labels on food and drinks. She did a blood test and showed us the results. Our results were normal. This diabetes information will help us in the future.



Photos by Susan McDougall

- Susan's students at Bethel,
CLB Levels 2-4

Mosaic New Staff



Photo taken at the Mosaic all staff meeting on September 2015.

Mosaic would like to welcome our new staff members:

- Bethany Stephens - Bethel CLB Level 6-8 ESL Teacher
- Milena Stefanovska - Bethel ECE II (Baby Room)
- Neeti Babra - Bethel CCW
- Chandra Kharel - Carlton CCW
- Roja Ilka - Fort Garry ECE II
- Masoma Behsodi - Fort Garry CCW
- Patricia Macrae - Immanuel CLB Level 2-4 ESL Teacher
- Maria Shah - Immanuel ECE II

Thank you!

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**for generously supporting
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Mosaic Fall Highlights

