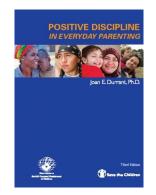
Mosaic Family Programs – All Mosaic family programs are specially designed to meet the needs of newcomer participants. We offer language and cultural support, and quality child care. All of our programs are Free.



Positive Discipline

## in Everyday Parenting (PDEP)

For parents of children birth -18 years



"Positive Discipline" describes a non-violent approach to teaching our children, while being respectful of the child as a learner and individual human being

PDEP 1-1 Home Visiting Program in First Language

#### (only limited spots available)

*Please email: MAhmad@mosaicnet.ca or visitwww.mosaicnet.ca/news/1-1 for more information.* 



Wednesdays 1:15 pm - 3:15 pm January 31 - March 21 Niji Mahkwa School 450 Flora Avenue PDEP in English

Wednesdays 1:15 pm - 3:15 pm January 31 - March 21 Mosaic, 397 Carlton PDEP in English

Fridays 6:00 pm - 8:00 pm January 26 - March 23 Mosaic, 397 Carlton Street Language support in Arabic & Tigrigna

Fridays 10:00 am - 12:00 noon February 2 - March 23 Fort Garry Mennonite Brethren Church 1771 Pembina Highway Language support in Arabic

For more information or to register,

visit www.mosaicnet.ca/family or call us at 204-774-7311.





Helping parents and caregivers to promote the mental health of young children. Mondays 9:30 am - 11:30 am February 5 - March 12 Sister MacNamara School 460 Sargent Avenue Language support in Arabic

**Thursdays** 1:00 pm - 3:00 pm February 15 - March 22 Heritage Park 1 Braintree Crescent *Language support in Arabic* 

Thursdays 1:00 pm - 3:00 pm February 1 - March 8 Grand Mosque 2445 Waverley Street Language support in Arabic



Thursdays 1:00 pm - 3:00 pm February 8 - March 15 Bethel Mennonite Church 465 Stafford Street Language support in Chinese and Arabic

**Grand Friends** 

Sharing and caring across generations. (A wonderful way of sharing stories and memories together by doing fun activities together like crafts, board games, cooking, etc.)

For more information or to register,

visit www.mosaicnet.ca/family or call us at 204-774-7311.





Tuesdays 1:15 pm - 3:15 pm February 6 - March 20 Sister MacNamara School, 460 Sargent Avenue Language support in Karen and Tigrigna

Thursdays 1:15 pm - 3:15 pm February 1 - March 22 John M. King School 525 Agnes Street Language support in Arabic and Somali



*Play to Learn, Learn to Play Enjoy learning and playing with your child and with other parents*  Thursdays 1:00 pm - 3:00 pm February 8 - March 8 Salvation Army, 324 Logan Avenue Language support in Arabic and French



Wednesdays 9:30 am - 1:30 am February 7 - March 14 John M. King School 525 Agnes Street Language support in Arabic and French

Parent Child Mother Goose Program

Parent Child Mother Goose is a playful program where parents and children sing, rhyme and tell stories together in English and your first language.



# Family Room Drop-in Program

Mosaic Family Room, 397 Carlton Street

Mon-Tues-Thurs-Fri 8:30 am - 9:10 am January 8 — March 23 Mon-Tues-Thurs-Fri 11:15 am - 1:15 pm January 8 - March 23

The following programs will be offered as part of the Family Room Drop-in programs:



#### Play to Learn, Learn to Play

Tuesdays 11:15 am - 1:15 pm February 6 - March 6 Mosaic Family Room 397 Carlton Street Language support in Arabic and French

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## Parent Child Mother Goose Program

Thursdays 11:15 am - 1:15 pm January 25 - March 15 Mosaic Family Room 397 Carlton Language support in Spanish and Bengali

## Bonding with Family Bookmaking

Fridays 11:15 am - 1:15 pm February 9 - March 16 Mosaic, 397 Carlton Street

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