



## Summer 2022 Brochure

All Mosaic family programs are designed to meet the needs of newcomer families.

Through our Family programs we offer:

Language and cultural supports

Quality childcare

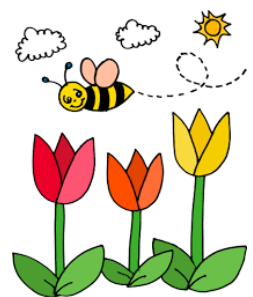
**Our Family Resource Centre is open for Drop in**

**Monday - Thursday**

**June 27 - July 28**

**10:00am - 12:00 pm**

**At 397 Carlton Street**



Contact us for more information :

call us at **204-774-7311**

Or check our website **[www.mosaicnet.ca](http://www.mosaicnet.ca)**



A Time to talk about being a **parent** in Canada

MEET with other parents of young children from 0-5 y/o

SHARE questions, concerns and ideas about being a parent

LEARN about child development, safety, health and behavior

EXPLORE positive ways of parenting

**Mondays**

July 4 - Aug 15

1:00 - 3:00 pm

397 Carlton street

## English Corner for Men



**Tuesdays**

July 5 - Aug 9

10:00 - 11:30 am

397 Carlton street



Wiggle, Giggle & Munch is a drop-in program that offers parents and their toddlers and pre-schoolers time for active play and healthy snack.

**Tuesdays**

July 5 - Aug 9

1:00 - 3:00pm

397 Carlton street

**Thursdays**

July 7 - Aug 11

1:00 - 3:00p pm

397 Carlton street



Promoting Mental Health in Young Children

*Handle with Care is a simple interactive program to help parents and caregivers, including those who work in early childhood settings, to promote the mental health of young children from birth to 6 years.*

**Wednesdays**

*July 6 - Aug 17*

*1:00 - 3:00 pm*

*397 Carlton street*



### **Outdoor Play**

**Exploring Nature with Children through**

#### **Outdoor Play**

*An emerging topic in early childhood education is getting back to nature and incorporating elements of our natural world. Adults play a very important role and influence on a child's love for nature and their desire to engage in active outdoor play.*

**Wednesdays**

*June 29 , July 13 , 27, and Aug 10*

*5:00 - 6:30 pm*

*Assiniboine Park*

*(Across the street from the bridge, on the green space)*

**Wednesdays**

*July 6, 20 , Aug 3 and 17*

*5:00 - 6:30 pm*

*St. Vital Park*

*(Under the shelter that is close to the play structure)*