

mosaic

Newcomer Family Resource Network

Fall 2023 Brochure



**All Mosaic Family Programs are designed to meet the needs of
newcomer families.**

Through our Family programs we offer:

Language and cultural supports

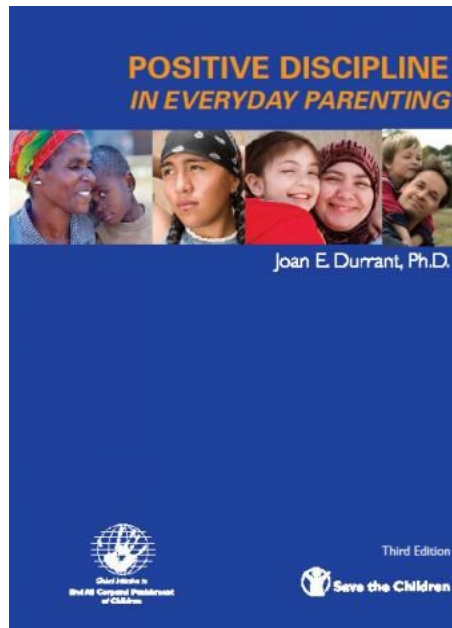
Quality childcare

Programs free of charge

Contact us for more information :

call us at **204-774-7311**

Or check our website **www.mosaicnet.ca**



“Positive Discipline” describes a non-violent approach to teaching our children, while being respectful of the child as a learner and individual human being.”

Tuesdays

5:30 - 7:30 pm

Oct 3 - Nov 28

202-930 Jefferson Ave

To register, please email :

Mahmad@mosaicnet.ca

Fridays

9:30 - 11:30 am

Oct 6 - Dec 1

Mosaic Office

397 Carlton Street

To register, please email Maisa’a :

Mahmad@mosaicnet.ca

PDEP 1-1 Home Visiting Program in First Language

(only limited spots available)

Please email to

mahmad@mosaicnet.ca or visit www.mosaicnet.ca/news/1-1 for more information.

Circle of Security



Circle of Security

Circle of Security, is a program that is focused on helping caregivers reflect upon children's attachment needs in order to promote secure attachment with a child.

To register, please email Gabriela at ggalli@mosaicnet.ca

Tuesdays

Oct 3 - Nov 21

1:00- 3:00 pm

Duval Room (Knox Church)

406 Edmonton Street



NPP

**Online– with language support in
Ukrainian**

Thursdays

Oct 5 - Nov 23

5:30 - 7:00 pm

*A Time to talk about being a **parent** in Canada
MEET with other parents of young children from 0-5 y/o
SHARE questions, concerns and ideas about being a parent
LEARN about child development, safety, health and behavior
EXPLORE positive ways of parenting*

To register, please email Gabriela at ggalli@mosaicnet.ca

Stay and Play (Drop-in) Program

Mosaic Family Place at Knox Church



WE ARE OPEN

Mondays to Fridays

8:45 - 11:00 am

Lunch Program: 11:15 am - 1:15 pm

1:15 - 3:00 pm

Open to all families who would like to participate and spend time together with their children in a fun, creative and engaging way. It is also a way to meet new friends and get to know the resources available in the community.

This program is free and light snacks are provided.

For more information:

*Pease see Eh Wah at the Mosaic Family Place at Knox
(Knox Church Basement, 406 Edmonton Street)
or phone this number to register: (431) 588-3479.*

You could also register online by visiting this website: <https://www.mosaicnet.ca/family/>

Connecting through the Arts



Sharing one's culture through arts and crafts, a great way to start a conversation circle for newcomers learning the language and meeting new friends from the community.

Mondays

Sep 18 - Nov 27

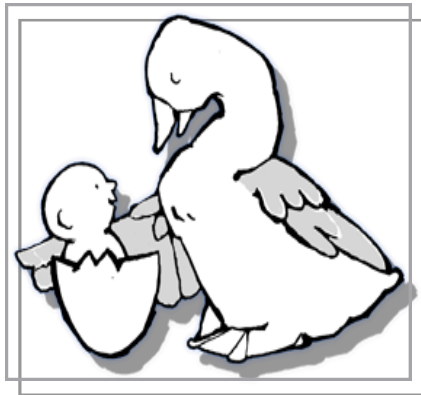
(no session Oct 2, 9 & Nov 13)

11:15 am - 1:15 pm

Family Place (Knox Church)

406 Edmonton Street

Parent Child Mother Goose



Parent Child Mother Goose is a playful program where parents and children sing, rhyme and tell stories together in English and your first language.

Tuesdays

Oct 3 - Nov 28

11:15 am - 1:15 pm

Mosaic Family Place

at Knox Church

406 Edmonton Street

Play to Learn Learn to Play



Play to Learn Learn to Play is a family learning model based on the value of play. Parents explore play from many points of view, from educational to social and emotional. Parents are encouraged to see the value of play in their children's lives, as well as their own.

Wednesdays

Oct 4 - Nov 22

11:15 am - 1:15 pm

Mosaic Family Place

at Knox Church

406 Edmonton Street

Living Healthy Program

(in partnership with Aurora Therapy Centre)



1 -1 Home Visiting Program in First Language

for more information. visit www.mosaicnet.ca

Please email Neveen at

NFanous@mosaicnet.ca or call Neveen Fanous @ (204) 774-7311

Wednesdays

Sep 27 - Nov 15

5:30 - 7:30 pm

YMCA

Fridays

Oct 6 - Nov 24

12:30 - 2:30 pm

Fort Garry Church

1771 Pembina Highway



Wiggle, Giggle & Munch is a drop-in program that offers parents and their toddlers and pre-schoolers time for active play and healthy snack.

Thursdays

Oct 5 - Nov 23

11:15 am - 1:15 pm

Mosaic Family Place at Knox

406 Edmonton Street

(with language support for Ukrainians)

Stay and Learn for Childminders



Fridays

Sep 29 - Nov 17

9:30 - 11:30 am

Family Place (Knox Church)

406 Edmonton Street

For anyone interested in getting experience and basic knowledge in childcare practices

To register, please email Chris at cvoss@mosaicnet.ca

Are you a Newcomer to Canada?

Do you have a 3, 4, or 5 year old?

Are you willing to spend 15 min a day working with your child and preparing them for Kindergarten?

IF YES, HIPPY IS JUST FOR YOU!

- *One day a week, meeting online or in person with a home visitor (on Zoom or WhatsApp)*
- *Activity packets and story books delivered to your home*
- *HIPPY schedule follows the school year calendar*
- *Monthly virtual HIPPY meetings*



To register: Please email Faiza at FKhawar@mosaicnet.ca

HIPPY office: 204-510-8216

Contact us for more information :

Mosaic Newcomer Family Resource Network : Phone # 204-774-7311

www.mosaicnet.ca

Hours: 8:30 am - 4:00 pm (Mon - Fri)