

ABOUT NOBODY'S PERFECT....

NOBODY'S PERFECT is a parenting education and support program for parents of children from birth to age five.

Nobody's Perfect Parenting is a
Canadian developed,
internationally recognized
program. It is evidenced based
and has proven to increase
parents' capabilities. It has
been deemed best practice and
is supported by the Public
Health Agency of Canada.

HOW IT WORKS....

The NOBODY'S PERFECT Program is based on the principles of adult education - it builds on what parents already know and do for themselves and their children. It starts with the parents' personal experiences and interests and actively involves participants in the learning process. It builds networks among parents and encourages them to see one another as sources of advice and support. It is flexible, it is learner centered, and built on respect. The program works for all cultures and is translated in many different languages. Parents are given a Parenting Book resource kit free of charge.

NOBODY'S PERFECT PARENTING

PROGRAM FACILITATOR TRAINING

When: January 11, 12, 15 &16, 2024 9:00-4:00

Where: 180 King Street , 6th floor How much: \$ 500

Who is sponsoring? Mosaic and Nobody's Perfect Manitoba

Register with: ggalli@mosaicnet.ca
Or contact the Provincial Coordinator at carmen@youville.ca

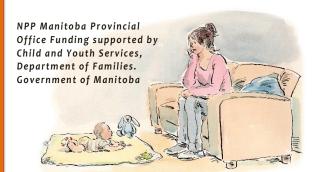


The Nobody's Perfect facilitator training is a fourday training session which covers the concepts and skills necessary to work with parents in a group setting. The training covers:

- Key concepts of the program and materials
- Adult education principles
- Organizing and planning program sessions
- o Enriched practical facilitation skills
- Participants will receive a Facilitator's Guide and Parent Kit.

Trained NPP Facilitators will:

- have access to parent kits and promotional materials for free
- have access to on-going facilitator workshops and NPP resources
- be supported by the Provincial Coordinator



Contact:

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Ph/text: 204-231-3208 Email: carmen@youville.ca